



HEALTH QUESTIONNAIRE - COVID-19

All information you record on this form will be treated with the utmost confidentiality, it will be stored in a secure place and made available to you at any time.

Please send your completed signed form to heidi@fitkidz.ie putting your child's name in the subject line.

Contact details

Member Name		Member DOB	
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Health questions relating to Covid-19

Do you believe that you may currently have COVID-19? YES NO

Have you had any of the following symptoms of COVID-19 in the past 14 days?

- High temperature (i.e. over 37.5°C) YES NO
- New unexplained shortness of breath YES NO
- A new continuous cough YES NO
- Loss of sense of smell, of taste or distortion of taste YES NO

If you have answered YES to any questions you should stay at home, contact your GP by phone for further advice.

If you have answered NO to all of the above questions you may attend classes.

Client declaration

Please sign this form to confirm that the details above are true to the best of your knowledge and to confirm that you understand the risks involved in participation, are participating on a voluntary basis and that you may opt-out at any time.

The Health Questionnaire will need to be completed once BEFORE the initial Return to Classes. It will be the responsibility of the individual to inform FitKidz With Heidi COVID Supervisor, Heidi of any change in circumstance BEFORE subsequent sessions.

Signed:
(Parent/Guardian/Member if over 18)

Print name:

Date: / /

Data Protection Notice

Your personal data is being collected on this form in order to help prevent the spread of COVID19 whilst with FitKidz With Heidi. Your personal data is being processed in accordance with Article 9(2)(i) of the General Data Protection Regulation, and Section 53 of the Data Protection Act 2018. The information you provide on this form will not be used for any other purpose and will be strictly confidential. This form will be accessible only by the designated COVID Supervisors. Your personal data will be retained for one year.

If you have any queries in relation to this, you can email Heidi at heidi@fitkidz.ie